H.A.B.I.T.

A new approach to workplace training, founded by leaders in the #MeToo movement and the Time's Up Legal Defense Fund

Lets work together to make respect, inclusion, and equality a part of the job description

We're here to help make the workplace better

When corporate culture improves, we all benefit. To bring about some much-needed change, we have to start with how we educate employees. Trainings should address the culture you want to foster, not just law, policy or procedures. By providing important tools to do just that, H.A.B.I.T. is taking a meaningful stance against the sexual harassment, inequality, and bias that's occurring in today's workplace.

Created holistically

Our first step is always to coordinate closely with your company to better understand your culture, dynamics and challenges. With this information in hand, we will tailor a program to meet your specific needs.

View our services

Designed to inspire

H.A.B.I.T. was born out of a fundamental belief that change is possible. Founded by champions of equality and civil rights, our unique and interactive programs are based on up-to-the-moment learning and research by those who are putting in the hard work every day.

Meet our team

The world is changing

Recent headlines have caught all of our attention. Laws and policies are focusing more than ever on eradicating harassment and bias in the workplace, and the data shows that it is working.

View the facts

Starting at the top

We believe that the tone at the top of an organization plays the most crucial role in setting a company's culture. We work closely with senior management in the development of our programs so that it can become a pillar for the entire workforce.

Get in touch

Let`s make equality, inclusion, and respect a H.A.B.I.T. at your office

Get Started

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